

Mercury Retrograde Checklist

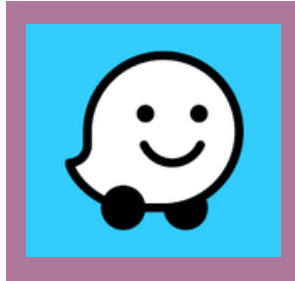
Things that can help:

- Apple air tag if you are traveling
- Back up your files on all devices
- Reflect before you act
- Delete old e-mails, texts, digital pictures, etc.
- Allow extra time for travel
- Don't take disagreements or miscommunications personal
- Track and insure mail packages
- Reflect emotions, thoughts, & dreams in your journal
- Be sure to take your vitamins & get your daily nutrients in
- Avoid making big decisions or signing contracts



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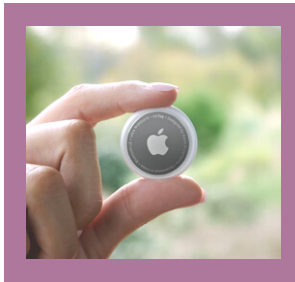
GADGETS Checklist



Waze is a free navigation app that may help you get to where you need to go faster.



Don't lose your keys! This device seems handy & helps you track up to 4 keys!



Use the apple air tag device on your luggage if you're traveling during this time.



Organifi Pure may help you decrease fog that you may feel. It works to enhance cognitive function.



Here's a portable external hard drive to back up your files on your phone & computer.

*CLICK ON PIC TO FOLLOW LINK TO ITEM. SOME LINKS MAY BE AFFILIATE LINKS.