

SPIRITUAL LIFE UNIVERSITY





ABOUT US

Spiritual Life University is your gateway to mastering the metaphysical world. We currently have a few offerings of credentials and diplomas in topics such as sacred ethics, psychic mediumship, and spiritual coaching. We'll be adding more offerings in the near future. Our programs are designed to empower you with the knowledge and skills needed to thrive in your spiritual journey. With guidance from expert teachers, a vibrant community, and handson practice, you'll unlock your full potential and step confidently into your spiritual calling.



From psychic mediumship to spiritual coaching, our programs cover a wide range of metaphysical practices to help you specialize in your spiritual path.



Learn from experienced spiritual teachers who bring years of knowledge and realworld experience into the classroom.



Our classes, workshops, and meditations are designed to fit into your busy life, allowing you to learn at your own pace. Live events are at different times each month to accommodate different time zones.



Join a vibrant, like-minded community that offers support, networking, and opportunities for collaboration on your spiritual journey.





CREDENTIALS

Credentials at Spiritual Life University are like certificates at a traditional college, requiring fewer hours to complete than our full diplomas. They are designed for both personal enrichment and to enhance your professional credibility. Whether you're looking to deepen your spiritual practice or gain recognized expertise for your business, our credentials offer a focused, efficient way to achieve your goal



SACRED ETHICS

The Sacred Ethics Credential is your foundation for practicing spiritual work with integrity and respect. This program dives into the core ethical principles every spiritual practitioner should uphold, ensuring that you approach your work with honesty, compassion, and a deep sense of responsibility. Whether you're offering readings, healing sessions, or spiritual guidance, this credential ensures you're doing so in alignment with the highest ethical standards.

CONSCIOUS COMMUNICATION FOR HEALERS

Master the art of delivering spiritual insights and healing messages with clarity and compassion through the Conscious Communication for Healers Credential. This program teaches you how to communicate effectively with clients, ensuring that your words heal, inspire, and empower. You'll develop the skills to convey even the most profound spiritual truths in a way that resonates deeply and supports the healing process.



DIPLOMAS GRADUATE BY JUNE 2025

Diplomas at Spiritual Life University provide comprehensive certification in specific spiritual studies. These programs take more time to complete than credentials, offering in-depth knowledge and hands-on experience. Earning a diploma signifies your mastery in your chosen field and upon graduation, you'll become certified in that field of study.



CERTFIED PSYCHIC MEDIUM

Our Certified Psychic Medium Program is designed to elevate your natural abilities and guide you toward becoming a confident, ethical, and professional psychic medium. Through this program, you'll master the art of spiritual communication, gain a deep understanding of mediumship ethics, and learn how to deliver clear, compassionate messages from the spirit world. With hands-on practice, expert instruction, and a focus on personal growth, this certification will prepare you to help others connect with their loved ones and provide meaningful spiritual insights.

SPIRITUAL LIFE COACH

The Spiritual Life Coach Certification program equips you with the tools and wisdom to guide others on their spiritual journeys. In this program, you'll learn how to blend spiritual principles with practical coaching techniques to help clients overcome challenges, set meaningful goals, and connect with their higher selves. Whether you're helping someone discover their purpose, navigate life transitions, or deepen their spiritual practice, this certification empowers you to be a transformative force in their lives, all while honoring your own spiritual path.



SPIRITUAL CORE CURRICULUM











CLASSES

Our classes, both live and pre-recorded, are taught by a diverse array of spiritual experts, each bringing their unique insights and wisdom to the table. Whether you're deepening your psychic abilities, exploring energy healing, or learning about spiritual ethics, these classes provide the knowledge and practical tools you need for your spiritual journey. All class materials and resources can be found in the Campus section of the academy, with additional resources added monthly.

OFFICE HOURS

Office Hours offer a blend of live and pre-recorded sessions designed to answer your questions, provide guidance, and support your growth. With one live Office Hour session each month, you have the opportunity to engage directly with our instructors. The replays of these sessions are also available, ensuring you never miss out on valuable insights. All previously LIVE office hours can be found in the CAMPUS section of the academy.

RESOURCES

All of our valuable resources are conveniently located in the Campus section of the academy, providing easy access to the tools and materials you need for your spiritual studies. We're constantly expanding our offerings, with more resources being added each month. You'll find content to support your journey at Spiritual Life University.

MEDITATIONS

The Meditation Area on our campus is a peaceful sanctuary where you can access guided meditations offered by various teachers. These meditations are designed to help you ground, connect, and deepen your spiritual practice. With new meditations added regularly, you'll always have fresh tools to support your journey.

CIRCLES

Our Circles are a place for community, connection, and spiritual practice. We host two live Circles each month, where you can join fellow students in a shared spiritual experience. Some certifications may require a certain circle as a requirement. For these, you can attend LIVE or watch the replay. You'll feel connected with the collective energy and wisdom shared during these powerful gatherings. This is the time to show off everything you've been learning and bond with other students.

CREDENTIALS

At Spiritual Life University, we offer a diverse range of credentials designed to empower your spiritual journey and professional growth. Each credential is thoughtfully crafted to ensure you gain the knowledge, skills, and ethical foundation needed to excel in your chosen field.







CLASSES, OFFICE HOURS & GUEST TEACHERS

- SPIRITUAL BOUNDARIES MASTERLCASS
- BOUNDARIES IN SPIRITUAL WORK
- SOUL CONTRACTS & KARMIC TIES
- MONEY & SPIRITUALITY
- LEGAL CONSIDERATIONS IN SPIRITUAL PRACTICES
- HEART CENTER WITH JOANNA
- SPIRITUAL INTEGRITY: ETHICS, BURNOUT, AND THE LIFE OF A PROFESSIONAL MEDIUM

CIRCLES

• PRACTICE PROFESSIONAL READINGS ATTEND AT LEAST 2 CIRCLES IN TOTAL WITHIN 12 MONTHS.

RESOURCES

- YOUR READING CHECKLIST
- READING CODE OF ETHICS
- HOW TO DO A READING
- 5 STEPS TO CREATING YOUR SACRED SPACE
- ETHICAL GUIDELINES HANDBOOK
- BOUNDARY-SETTING TOOLKIT

MEDITATIONS

- DEEP COMPASSION
- TRUSTING YOUR INTUITION

- PASS A WRITTEN TEST
- PROVIDE FEEDBACK ON AT LEAST 3 READINGS/HEALINGS/COACHING SESSION WHERE YOU UPHELD SACRED ETHICS
- COMPLETE CREDENTIAL GRADUATION PROCESS





CLASSES, OFFICE HOURS, & GUEST TEACHERS

- SOUL CONTRACTS & KARMIC TIES
- MONEY & SPIRITUALITY
- AUTOMATIC WRITING
- FUNDAMENTALS OF SPIRITUAL COMMUNICATION
- HIGH HEART WITH JOANNA
- LIGHT LANGUAGE WITH EMILY
- SPIRITUAL INTEGRITY: ETHICS, BURNOUT, AND THE LIFE OF A PROFESSIONAL MEDIUM

CIRCLES

- READINGS WITH TAROT AND ORACLE CARDS
- PRACTICE PROFESSIONAL READINGS
- EMOTIONAL CONNECTION PRACTICE
- ATTENDED AT LEAST 2 DEVELOPMENT CIRCLES WITHIN THE LAST 12 MONTHS.

RESOURCES

- EMPATHY IN ACTION
- SOUL TO OUL COMMUNICATION

MEDITATIONS

- TRUSTING YOUR INTUITION MEDITATION
- DEEP SELF CONFIDENCE MEDITATION
- SOUL VIBRATION MEDITATION
- DOODLE MEDITATION

- PASS A WRITTEN TEST
- PROVIDE FEEDBACK ON AT LEAST 3 READINGS/HEALINGS/COACHING SESSION WHERE YOU PRACTICED CONSCIOUS COMMUNICATION
- COMPLETE CREDENTIAL GRADUATION PROCESS

DIPLOMAS

Spiritual Life University currently offers a variety of diplomas designed to deepen your expertise in key metaphysical subjects. We're always working on expanding our curriculum to include even more diverse topics, ensuring that you can tailor your spiritual education to your unique interests and goals. Stay tuned as we continue to grow and add new diploma programs in the near future!





CLASSES, OFFICE HOURS, & GUEST TEACHERS

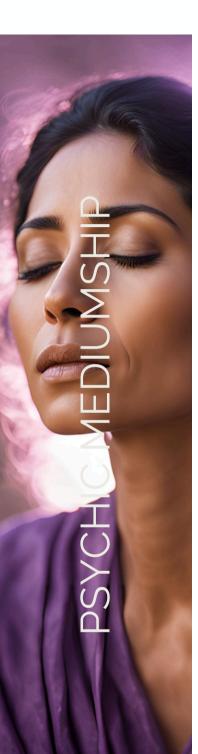
- ALL ABOUT PSYCHIC AND MEDIUMSHIP DEVELOPMENT CIRCLES
- PSYCHIC MEDIUMSHIP 101
- HOW TO BRING ORACLE CARDS INTO YOUR DAILY LIFE MASTERCLASS
- BOUNDARIES IN SPIRITUAL WORK
- PLATFORM MEDIUMSHIP
- ASCENSION SYMPTOMS & SPIRITUAL UPGRADES
- ANIMAL COMMUNICATION WITH HOLLY
- ENHANCING DIVINATION SKILLS
- DELIVERING MESSAGES FROM SPIRIT
- PSYCHOLOGICAL UNDERSTANDING OF GRIEF AND LOSS
- ENERGY HEALING/SPIRITUAL PROTECTION FOR HEALERS

CIRCLES

- GROUNDING WITH NATURE
- LOVE READINGS
- CHANNELING ABUNDANCE GUIDE
- PREDICTION PRACTICE & FUN

RESOURCES

- SPIRITUAL GOALS
- SACRED SYMBOLS
- POWER OF BIRTHSTONES
- NUMBERS & COLORS MEANINGS
- WHAT DO YOU THINK OF WHEN?
- BOND WITH YOUR SPIRIT GUIDE
- CHAKRAS 101
- 5 STEPS TO CREATING YOUR SACRED SPACE
- HISTORY OF MEDIUMSHIP AND SPIRITUALISM





MEDITATIONS

- MEET YOUR SPIRIT GUIDE
- SUCCESS MEDITATION
- ENHANCE YOUR INTUITION & PSYCHIC MEDIUMSHIP ABILITIES

- MUST HAVE ATTENDED AT LEAST 6 CIRCLES
 WITHINT 12 MONTHS
- DOCUMENTED & PROVIDED FEEDBACK OF AT LEAST 10 READINGS
- 5 MUST BE MEDIUMSHIP, 5 MUST BE PSYCHIC. IN 1 READING MUST INCLUDE 1 ANIMAL CONNECTION
- CREDENTIAL IN SACRED ETHICS
- CREDENTIAL IN CONSCIOUS COMMUNICATION
 FOR HEALERS
- LIVE DEMONSTRATION WITH UNIVERSITY PANEL
- COMPLETE GRADUATION PROCESS

SPIRITUAL COACH REQUIREMENTS



CLASSES, OFFICE HOURS, 7 GUEST TEACHERS

- EMOTONAL FREEDOM TECHNQUE (EFT)
- SOUL RETRIEVAL AND INNER CHILD WORK
- ENHANCING DIVINATION SKILLS
- SPIRITUAL COACHING 101
- PSYCHOLOGICAL UNDERSTANDING OF GRIEF AND LOSS
- ANIMAL COMMUNICATION WITH HOLLY
- LIGHT LANGUAGE WTH EMILY
- PAST LIVES WITH CHERYLE FREEDMAN
- ASCENSION SYMPTOMS & SPIRITUAL UPGRADES
- NUMEROLOGY IN THE NEW YEAR

CIRCLES

- EMOTONAL CONNECTION PRACTICE
- DAILY MINDFULNESS PRACTICES
- TWO ADDITIONAL CIRCLES WITHIN THE LAST 2
 MONTHS

RESOURCES

- LIFE TRANSITIONS & SPIRITUAL GROWTH
- DAILY MINDFULNESS PRACTICES
- CHAKRAS 101
- BOND WITH YOUR SPIRIT GUIDE
- SPIRITUAL COACHING FRAMEWORKS" WORKBOOK
- LIFE PURPOSE DISCOVERY TOOLKIT
- SPIRITUAL GOAL-SETTING





MEDITATIONS

- MEET YOUR SPIRIT GUIDE MEDITATION
- SUCCESS MEDITATION
- INNER GUIDE ACTIVATION

- MUST HAVE ATTENDED AT LEAST 6 CIRCLES WITHIN 12 MONTHS
- DOCUMENTED & PROVIDED FEEDBACK OF AT LEAST 10 SESSIONS
- PASS WRITTEN TEST
- CREDENTIAL IN SACRED ETHICS
- CREDENTIAL IN CONSCIOUS COMMUNICATION
 FOR HEALERS
- LIVE DEMONSTRATION WITH UNIVERSITY PANEL
- COMPLETE GRADUATION PROCESS

ADDITIONAL LESSONS



There's a wide variety of classes, guest teachers & office hours within the university. Here are just a few that are not required for a credential or diploma.



PARANORMAL INVESTIGATIONS



PLANT MEDICINE



SPIRITUAL ENTREPRENEURSHIP





HUMAN DESIGN



PSYCHOMETRY 101



ENERGY HEALING PRACTICES



3RD EYE ACTIVATION

VISION BOARDING WITH INTENTION SCRYING & CRYSTAL GAZING

MYSTIC ELECTIVES



It's not ALL business inside of the university. Check out just some of these FUN mystical lessons







ELEMENTAL RITUALS FOR DAILY LIFE



KRAMPUS & DARK WINTER LEGENDS



NUMEROLOGY IN THE NEW YEAR



CANDLE MAGIC READINGS



CURSED OBJECTS & HAUNTED ARTIFACTS



INTUITIVE EATING



WINTER SOLSTICE RITUALS



NATURE SPIRITS & ELEMENTALS



Steps into your higher purposeyour spiritual journey begins here at Spiritual Life University.



www.spirituallifeuniversity.com